

Treatments

Full Body Massage _____ 60 mins ____ from € 98,--
Choose between sport or relaxation massage.

Aromatherapy Oil Massage _____ 60 mins _____ € 105,--
Harmonizes and relieves stress. Aromatic essential oils selected to suit your needs bring you relaxation and well-being. Depending on the oils chosen, the massage can be invigorating or calming.
Let yourself be pampered and enchanted by the gentle massage treatment and fragrant oils from DORISSIMA (2010 Spa Award).

3 in 1 _____ 60 mins _____ € 120,--
Three techniques united in a single massage: Classic, foot, and reflexology massage. Soothing, stress reducing, and very relaxing.
Just the right thing after a long and tiring day.

Anti-Stress Dreamland _____ 70 mins _____ € 130,--
Total relaxation for body, mind, and spirit. Comforting, regenerative massage treatment with essential oils on the meridians based on the Chinese concept of yin and yang. Tension is released and natural flow and inner equilibrium are restored.

Jet Lag Massage _____ 50 mins / 80 mins _ € 89,-- / € 138,--
Stress reducing full body massage including head and foot reflexology treatment with invigorating oils from DORISSIMA (2010 SPA Award).

Lymph Drainage _____ 55 mins _____ € 105,--
Your lymphatic system is activated and your body is detoxified.

Prices subject to change.
All prices in euros.

The Ring Day Spa, Kärntner Ring 8, 1010 Vienna, Austria
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www.theringdayspa.com, www.theringhotel.com

We are pleased to treat you with aromatic oils from DORISSIMA (2010 SPA Award) in any massage session. Surcharge: € 20,--.

Alpenrose d¹: Alpine rose for affirmation, vitality, stamina, and staying power.

Sanddorn d²: Sea buckthorn. Joy of living, vitality, and enthusiasm.

Arnika d³: Promotes spontaneity and self-confidence, helps you let go of unnecessary baggage.

Minze d⁴: Mint strengthens you with tolerance, creativity, and self-esteem.

Enzian d⁵: Gentian enhances communication skills and the capacity to learn and concentrate. Promotes clear, rational thinking.

Glockenblume d⁶: Bellflower boosts intuition and creativity.

Edelweiss d⁷: Austria's national flower encourages deeper insight and visionary thinking.

Our spa zone is staffed daily from 14:00-21:00. Other times possible by arrangement. Let yourself be pampered by professional hands and enjoy the peace and calm of our spa. In-room treatments available on request. Surcharge: € 20,--.

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